

найвидатніша з українок залишилася незрозумілою в радянській Україні і майже незнаною широкому загалу в Україні незалежній.

Постать Оксани Забужко у сучасному літературному дискурсі, де «утворюється культурно-історичний контекст, у якому попередньо освоєний культурний досвід підлягає прямому чи опосередкованому осучасненню й набуває національно-психологічних характеристик даної епохи» [3, с. 43].

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USE OF DIGITAL TOOLS IN THE LEARNING PROCESS

The digital revolution has affected all areas of our lives, and education is no exception. Technology is pervading and intertwined with many aspects of modern life and society, rapidly transforming the way students learn, and as a result, significantly improving education by making it more affordable and accessible [2]. Web-based platforms, interactive materials, and online courses have become firmly embedded in our everyday learning process. From the environmental impact of using

less paper for handouts and books to the time savings and ease of research, digital learning is a great way to reduce costs, make better use of resources, promote sustainable development, and expand the reach and impact for students and teachers [1].

On the one hand, these tools open up endless possibilities for learning, making it more accessible, interactive, and engaging. On the other hand, they raise several issues related to the quality of education, the digital divide, and technology dependence. This study looks at how digital tools are changing the face of education, what benefits and challenges they bring, and tries to answer the question: is the digital transformation of education a blessing or a curse?

Digital tools in the context of foreign language learning are a variety of software tools, web platforms, mobile applications, and other technological solutions used to support and enhance the learning process. They allow you to create interactive learning materials, organize online communication, conduct tests, and track students' progress.

Digital tools that are actively used in the educational process can be classified as follows: *interactive platforms* (Moodle, Google Classroom, Kahoot); *mobile applications* (Duolingo, Memrise, Quizlet); *video conferencing software* (Zoom, Google Meet, Google Classroom, Skype); *tools for creating learning materials* (Canva, Prezi, Powtoon, Miro); *online dictionaries and translators* (Google Translate, Linguee, Deepl).

The benefits of using digital tools in education include the following:

- *Individualization of learning*: Each student gets the opportunity to learn at their own pace and according to individual programs. This is especially important for students with different levels of preparation.

- *Increased access to knowledge*: Digital tools allow access to a huge amount of learning materials from around the world.

- *Development of digital competencies:* The use of digital tools helps students to develop skills that are important for the modern world (information search, critical thinking, and digital literacy).

- *Collaboration and communication:* Online platforms facilitate collaboration between students, as well as between students and teachers.

- *Interactivity:* Interactive elements (simulations, virtual laboratories, games) make learning more interesting and effective.

Despite the many advantages of using digital tools in education, educators also face certain challenges, namely:

- *Digital divide:* Not all students have equal access to computers, the Internet, and the necessary software. This creates barriers to equal access to education.

- *Distractions:* Social media, games, and other online resources can distract students from their studies.

- *Dependence on technology:* Too much reliance on technology can lead to the loss of other important skills, such as analytical thinking and creativity.

- *Cybersecurity:* The use of digital tools is associated with cybersecurity risks (hacking, data leakage, etc.).

- *Insufficient training of teachers:* Not all teachers have sufficient skills to use digital tools effectively.

How to overcome challenges and maximize benefits:

- *Ensure equal access:* Schools and universities should ensure that all students have access to the necessary technology and the internet.

- *Developing digital literacy:* Teachers and students should be trained in the basics of working with digital tools.

- *Creating a safe digital environment:* Cybersecurity policies should be developed and students should be educated on how to use the Internet safely.

- *A balanced approach:* It is important to combine traditional teaching methods with digital tools to avoid over-reliance on technology.

- *Continuous evaluation and improvement*: The effectiveness of digital tools should be regularly evaluated and adjustments made.

In summary, the digital transformation of education is an inevitable process that opens up many opportunities. However, to achieve maximum results, it is necessary to understand both the benefits and challenges associated with the use of digital tools. The challenge for the education community is to find the right balance between traditional and digital learning methods to ensure quality education for all.

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ПІДГОТОВКА ОРГАНІЗАЦІЙНИХ ПСИХОЛОГІВ ДО ОНЛАЙН-КОНСУЛЬТУВАННЯ ЯК СУЧАСНОЇ ТЕХНОЛОГІЇ В ПСИХОЛОГІЧНІЙ ПРАКТИЦІ

У часи повномасштабного вторгнення на територію України психологічне онлайн-консультування стало для великої частини українців найбільш доступною формою психологічної допомоги. В організаціях за час війни так само накопичилося багато нових, не відомих досі проблем: вимушене переселення підприємства, втрата обладнання і комфортного робочого місця,